

How To Pray The Rosary

The purpose of the Rosary is to help keep in memory certain principal events or mysteries in the history of our salvation, and to thank and praise God for them. There are twenty mysteries reflected upon in the Rosary, and these are divided into the five [JOYFUL MYSTERIES](#), the five [LUMINOUS MYSTERIES](#), the five [SORROWFUL MYSTERIES](#), and the five [GLORIOUS MYSTERIES](#).

1. Make the **Sign of the Cross** and say the ["Apostles' Creed."](#)
2. Say the ["Our Father."](#)
3. Say three ["Hail Marys."](#)
4. Say the ["Glory be to the Father."](#)
5. Announce the First Mystery; then say the ["Our Father."](#)
6. Say ten ["Hail Marys,"](#) while meditating on the Mystery.
7. Say the ["Glory be to the Father."](#)
8. Announce the Second Mystery; then say the ["Our Father."](#) Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Our Father

Our father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on

earth as it is in heaven. **Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.**

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

Glory Be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

After the Rosary:

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima:

"O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy."

As suggested by the Holy Father the **Joyful** mysteries are said on Monday and Saturday, the **Luminous** on Thursday, the **Sorrowful** on Tuesday and Friday, and the **Glorious** on Wednesday and Sunday (with this exception: Sundays of Christmas season - The Joyful; Sundays of Lent - Sorrowful)

The Joyful Mysteries:

(Monday and Thursday; and the Sundays from 1st Sunday of Advent until Lent.)

1. The Annunciation to Mary
2. The Visitation of Mary
3. The Birth of our Lord Jesus Christ
4. The Presentation of the Child Jesus in the Temple
5. The Finding of Our Lord in the Temple

The Sorrowful Mysteries:

(Tuesday and Friday; and the Sundays of Lent.)

1. The Agony of Christ in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Lord on the Cross

Glorious Mysteries:

(Wednesday and Saturday; and the Sundays from Easter until Advent.)

1. The Resurrection of Our Lord
2. The Ascension of Our Lord
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of the Blessed Virgin Mary into Heaven
5. The Coronation of Our Lady as Queen of Heaven and Earth

The Luminous Mysteires

1. The Baptism of the Lord
2. The Wedding of Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The institution of the Eucharist

