

# The Ten Commandments

## How to live as God's people

*We show we love God when:*

1. We think first of what God wants when we make choices.
2. We use God's name only with love and respect.
3. We keep Sunday as God's special day of prayer and rest.

*We show we love ourselves and others when:*

4. We listen to and obey those who care for us.
5. We care for all living things.
6. We respect our own bodies and the bodies of others.
7. We do not take anything that is not ours; we are fair to everyone.
8. We are truthful in what we say and do.
9. We are faithful to those we love.
10. We help people to have what they need to live.

**I am the Lord your God, who brought you out of slavery. Worship no god except me.**

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**You shall not misuse the name of the Lord your God**

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**Remember to keep holy the Sabbath day.**

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**Honor your father and your Mother.**

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**You shall not kill.**

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**You shall not commit adultery.**

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**You shall not steal.**

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**You shall not tell lies against your neighbor.**

**You shall not want to take your neighbor's wife or husband.**

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**You shall not want to take your neighbor's possessions.**

**1. God must come first in our lives. No one or no thing can be more important to us than God.**

**2. We must respect God's name, the name of the Jesus, and holy places.**

**3. We should rest from work and should worship God together on Sunday's and holy days.**

**4. We must love, honor and obey our parents or guardians.**

**5. We should respect and care for the gift of life.**

**6. We should respect our own bodies and the bodies of others in thought, word, and deed.**

**7. We should not talk or destroy what belongs to others.**

**8. We should respect the truth.**

**9. We should protect the holiness of marriage and the sacredness of human sexuality.**

**10. We should respect the rights and property of others.**